

Gearing You For Growth

Bursaries | Business Skills | Coaching and Mentoring | Computer Skills | E-Learning | Learnerships | Skills Development | Virtual Training

COVID-19 Awareness

Course Overview

This course has been constructed to provide an opportunity to interactively learn about the virus and its impacts on our world. By providing research-based information, the course will help the delegate to understand the global pandemic, its risks, and how to effectively manage them.

After attending this course you will be able to educate yourself and others about the importance of operational for the COVID-19 outbreak using the operational planning guidelines. It will also help in supporting the community surveillance process, strengthening community linkage with public health services on preparedness, prevention, and control. It is everyone's responsibility to play a role in the global efforts to manage and to reduce the impact of this disease.

Together we will get through this. (#WeStandTogether, #SouthAfricaWillWin)

Target Audience

- This course is not meant to be part of any medical training but rather to help create awareness and further understanding of the COVID-19 virus.

Prerequisites

- There are no prerequisites for this course.

Duration

- 1 Day

Engagement Models

- Face to Face Class Training (as lockdown regulations allow)
- Virtual Class Training



Course Outline

Session 1: Introduction to COVID-19 Communication for Response and Containment

- What is the meaning of COVID-19?
- What is preparedness in health care?
- What are the signs and symptoms to look out for?
- The most common symptoms are.
- Less common symptoms.
- How COVID-19 is spread?
- How long the virus can survive.

Session 2: Prevention: Safe Practices in the Community

- How to help prevent the spread of respiratory infections including COVID-19.
- Getting your workplace ready in case COVID-19 arrives in your community.
- Preventing the spread of infection.
- What should employers do?
- Routine environmental cleaning.
- Guidance on facemasks.

Session 3: Community Surveillance

- What to do if someone with suspected or confirmed to have COVID-19 has been in the workplace?
- What to do if a member of staff or the public with suspected COVID-19 has recently been in your workplace?
- When individuals in the workplace have had contact with a confirmed case of COVID-19.
- Cleaning offices and public spaces where there are suspected or confirmed cases of COVID-19.
- Advice on travel and meetings.
- Advice for staff returning from travel anywhere else within the last 14 days.
- Organising meetings or events.
- What should be done during meetings or events?
- Certifying absence from work.

Session 4: Supportive Public Health Services: Community and Households

- Update your existing emergency communication plans.
- Establish systems for sharing information with key partners and stakeholders.
- Help community members prepare for COVID-19.
- Create a COVID-19 communication workgroup with representatives from key partners and stakeholders.
- Engage communities in a dialogue about COVID-19 readiness.
- Update information needs and community resources.

Session 5: Managing Stigma and Discrimination

- Stigma stops us from moving forward.
- The real danger of the COVID-19: discrimination.



Session 6: Personal Safety for Frontline Workers

- There are many risks that women frontline healthcare workers will face to the COVID-19 pandemic.
- Increased risk of violence.
- Experience shows that intimate partner violence tends to increase during times of crisis.

Session 7: Special Communication Needs in Urban Areas

- Considerations in Urban Areas.
- Recommendations for Urban Areas.
- Cities are highly connected to other parts of the country and internationally via points of entry.
- The wealth of experience can be shared with others for better preparedness and response.
- Risk and crisis communication and community engagement.
- Contextually appropriate approaches to public health measures, especially physical distancing, hand hygiene, and respiratory etiquette.