

# Gearing You For Growth

Bursaries | **Business Skills** | Coaching and Mentoring | Computer Skills | E-Learning | Learnerships | Skills Development | Virtual Training

## Advanced Skills For The Practical Trainer

### Course Overview

Behind every spectacular training session is a lot of preparation and meticulous attention to detail. The truly skilled trainer can make a program exciting. The learners will have fun while they are learning if the facilitator is able to involve their emotions as well as their minds. You will see the involvement, and you will feel the energy.

To reach this stage as an adult educator isn't always easy, but success isn't just for the naturally gifted. It is possible for all of us who put effort into our personal growth and development. We want the enormous satisfaction that comes from working with others to help them reach their potential as human beings. This three-day workshop will help you reach that goal.

### Course Objectives

- Enhance your understanding of learning styles and how to accommodate all four learning styles in the classroom.
- Understand the key principles of effective communication in a workshop setting.
- Use a variety of training techniques to stimulate participation.
- Develop a plan and prepare for an effective training session.
- Understand the different levels of evaluation and when to use each.
- Understand how and when to add fun and humor to your training session.
- Identify advanced interventions for difficult situations.
- Practice the skills needed for a team presentation.
- Plan for risks.
- Create a communication plan.
- Effectively allocate project resources.
- Update and monitor the project schedule.

### Prerequisite

There are no prerequisites.

### Target

This workshop is for Facilitators, Educators or anyone moving into such a role.

### Duration

- 3 Days



## Course Outline

### Preparing to Learn

To begin, delegates will explore what they want out of this workshop.

### Understanding Learning

Next, delegates will talk about the role of the facilitator and the top skills a trainer need.

### Competencies for Adult Educators

This session will give delegates a profile of the gaps between where they are now and where they need to be in order to perform their role efficiently.

### Accommodating Learning Preferences

Next, delegates will review Kolb's experiential learning cycle and how it fits in with different learning styles.

### Increasing Your Expertise

This session will explore three basic ideas about adults in a learning context. Delegates will also look at the workshop from a designer's perspective.

### Using Existing Materials

In this session, delegates will learn about using customizable course material to give them a head start, copyright concerns, and how to over-plan to ensure success.

### Managing the Stress of Training

During this session, delegates will learn ways to manage their stress and that of trainees.

### Planning a Workshop

Next, delegates will receive a brief introduction to planning and preparing a workshop.

### Visual Aids

This session will cover some basic kinds of visual aids and encourage delegates to determine if, how, and when they want to use each type.

### Your Role as an Effective Communicator

During this session, delegates will learn how to communicate effectively as a facilitator or trainer.

### Questioning as a Training Technique

This session will explain how good questioning skills can make anyone a better trainer.

### Kirkpatrick's Levels of Evaluation

Next, delegates will explore the four levels of evaluation, including samples for each type. Then, delegates will develop their own evaluation for their training session at the end of the workshop.

### On-the-Job Support

During this session, delegates will explore why on-the-job support is so important after training has taken place, and what they can do to encourage it.



### **Dealing with Difficult Situations**

This session will give delegates some tools for dealing with common training problems.

### **Training in Different Forums**

Next, delegates will explore some different forums for training, including virtual formats.

### **Team Teaching**

Next, delegates will talk about co-facilitation.

### **Training Preparation and Presentations**

The bulk of the third day will be spent preparing, presenting, and evaluating team training sessions.