

# Gearing You For Growth

Bursaries | **Business Skills** | Coaching and Mentoring | Computer Skills | E-Learning | Learnerships | Skills Development | Virtual Training

## Mastering The Interview

### Course Overview

The interview is one of the key elements of the job search process. As with any skill, we can get better at it with preparation and practice.

In this workshop, delegates will explore how to prepare for an interview and become familiar with the types of questions to expect, as well as the questions they should think about asking.

Delegates will learn how to prepare for second interviews, testing, and shadowing, as well as how to follow up on their interview sessions.

### Course Objectives

This one-day workshop will teach delegates how to:

- Understand the different types of interview questions and how to prepare to answer them.
- Apply the most effective ways to prepare for an interview, including how to present themselves professionally.
- Express themselves effectively.
- Know how to ask for feedback following an interview.

### Prerequisite

There are no prerequisites.

### Duration

- 1 Day



## Course Outline

### Understanding the Interview

To begin, delegates will explore different types of interviews and what to expect from each.

### Types of Questions

This session will give delegates tips on how to handle two main types of questions: behavioural and knowledge.

### Getting Ready

This session will give delegates a few additional strategies to help them ace interviews.

### Live and in Person

Next, delegates will take part in mock interviews.

### Following up the Interview

During this session, delegates will explore some ways to relax before, after, and during an interview.

### Common Problems and Solutions

This session will explore some common interview problems, including illegal questions and special requests.

### Phase Two

The first interview is simply the first meeting that a job seeker has with an employer. This session will look at the additional meetings and auditioning that may follow.

### Practice Makes Perfect

This session will give delegates another chance at mock interviews.

### Sealing the Deal

Next, delegates will get some tips on managing job offers.